



Syracuse Convention & Visitors Bureau
A Division of the Greater Syracuse Chamber of Commerce
572 South Salina Street, Syracuse, NY 13202
(315) 470-1910 • Fax: (315) 471-8545
www.VisitSyracuse.org

FOR IMMEDIATE RELEASE
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Contact: **Linda Rauli**
USA Gymnastics
315-701-0936 (w)
315-350-1879 (c)
LBraulli@aol.com

**Girls Travel Thousands of Miles, Cross Oceans
for *International Rhythmic Gymnastics Competition* in Syracuse
March 13 – March 15, 2009**

SYRACUSE, NEW YORK---Got rhythm? Visit the Women's Building at Syracuse University to see what real rhythm is. Girls ages 6 and up will compete in the **Coaches Cup International Invitational Tournament and New York State Championships for Rhythmic Gymnastics** March 13-15, 2009.

What makes this meet exceptional is that this is the **third time** Central New York has hosted *international rhythmic competitors*--from **Ukraine, Holland, Russia, Germany, England, Turkey, Wales, Chile, Italy, Canada and Philippines**, as well as competitors from all around the U.S, including the entire **USA National Rhythmic Gymnastics Team**. The Europeans have dominated Rhythmic Gymnastics for decades. Now the American girls have the chance to match their skills against the international athletes and observe their techniques first-hand. Not only is it a fantastic learning experience, but it also raises the self-esteem of the American girls that their competitors would travel so far to promote their sport.

WHERE: Women's Building at Syracuse University, 820 Comstock Street, Syracuse.
A small admission fee will be charged.

WHEN: March 13, afternoon. Levels 3, 4, 5 and 6 competitions.
March 14, 8 am – 6 pm: Levels 7 – 10 (two of four events)
March 15, 8 am – 6 pm: Levels 7 – 10 (two events) followed by
Exhibition Gala + closing awards ceremony

The media are encouraged to attend this very visual event and interview Ms. Savenkova. This is a unique sport that clearly has a large international following.

ABOUT THE COACH: The local Rhythmic Gymnastics coach, Elena Savenkova, has been coaching in Syracuse since 1993. Her reputation as a skilled coach and judge has grown over the years. She is on the Technical Committee for U.S.A. Gymnastics; National Team Coach for Group (World Championship in 2002); New York State Rhythmic Gymnastics Chairman; qualified as an international Brevet Judge, and is highly sought after for clinics and choreography. Elena has her Ph.D. in coaching from the State Sports University of Moscow in 2005. It is through her expertise that local organizations have been able to attract the high caliber of competition at the upcoming Tournament.

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